

SEPTEMBER

LUMMI NATION SCHOOL BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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NO SCHOOL LABOR DAY

HOT OR COLD CEREAL
BANANA BREAD
YOGURT CUP
BAGELS W/CREAM CHEESE
FRESH FRUIT
MILK

POTATO BOWL; EGGS, CHEESE, HAM
YOGURT CUP
BAGLES W/ CREAM CHEESE
FRESH FRUIT
MILK

FRENCH TOAST W/ SAUSAGE LINK YOGURT CUP BAGEL W/ CREAM CHEESE FRESH FRUIT MILK FISH HASH W/ TOAST
HARD BOILD EGGS
YOGURT CUP
BAGELS W/ CREAM CHEESE
FRESH FRUIT
MILK

PANCAKE ON A STICK
APPLESAUCE CUP
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

10 HOT OR COLD CEREAL
DONUTS
YOGURT CUP
BAGELS W/CREAM CHEESE
FRESH FRUIT
MILK

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SCRAMBLED EGGS W/ CHEESE HASHBROWNS AND TOAST YOGURT CUP BAGEL W/ CREAM CHEESE FRESH FRUIT MILK WAFFLES W/ SAUSAGE LINK
STRAWBERRY CUP
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

BREAKFAST FRIED RICE W/SPAM
TOAST
YOGURT CUP
BAGELS W/ CREAM CHEESE
FRESH FRUIT
MILK

FRENCH TOAST W/ SAUSAGE LINK
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

HOT OR COLD CEREAL MUFFINS BERRY PARFAITS BAGELS W/CREAM CHEESE FRESH FRUIT MILK

POTATO BOWL; EGGS, CHEESE
YOGURT CUP
BAGLES W/ CREAM CHEESE
FRESH FRUIT
MILK

PANCAKES W/ SAUSAGE LINK
APPLESAUCE CUP
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

BREAKFAST BURRITO BOWL W/
EGGS, POTATOES, CHORIZO
TORTILLAS
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

WAFFLES W/ SAUSAGE LINK
STRAWBERRY CUP
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

HOT OR COLD CEREAL
CINNAMON ROLL
BERRY PARFAITS
BAGELS W/CREAM CHEESE
FRESH FRUIT
MILK

SCRAMBLED EGGS W/ BACON BITS
HASHBROWNS AND TOAST
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

FRENCH TOAST W/ SAUSAGE LINK YOGURT CUP BAGEL W/ CREAM CHEESE FRESH FRUIT MILK BISCUITS & GRAVY
HARD BOILED EGGS
YOGURT CUP
BAGELS W/ CREAM CHEESE
FRESH FRUIT
MILK

PANCAKE ON A STICK
APPLESAUCE CUP
YOGURT CUP
BAGEL W/ CREAM CHEESE
FRESH FRUIT
MILK

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

NO SCHOOL LABOR DAY PIZZA OR
PRETZEL WITH CHEESE CUP
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

CHICKEN DRUMSTICKS
MASHED POTATOES
ROASTED SQUASH
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

TERIYAKI CHICKEN
RICES OR NOODLES, MIXED VEGGIES
SAMDWICHES
SALAD BAR
FRESH FRUIT
MILK

CHICKEN BURGER
CHIPS
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

9 SPAGHETTI W/ CORN
A ROLL
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

PIZZA OR
PRETZEL WITH CHEESE CUP
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

POPCORN CHICKEN
MASHED POATOES
CORN W/ A ROLL
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

TOMATO SOUP
GARLIC CHEESE BREAD
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

HOT DOG W/ CHILI
BAKED POTATO W/ A ROLL
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

CHICKEN ALFREDO W/BREADSTICKS
BROCCOLI
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

PIZZA OR
PRETZEL WITH CHEESE CUP
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

CHICKEN STRIPS W/ A ROLL
POTATOE WEDGES TAT
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

SWEET& SOUR CHICKEN
RICE, AND DUMPLINGS
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

HAMBURGERS W/ CHIPS
BAKED BEANS
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

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GOULASH W/ CORN A ROLL SANDWICHES SALAD BAR FRESH FRUIT MILK PIZZA OR
PRETZEL WITH CHEESE CUP
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

CHICKEN NUGGETS W/ A ROLL
TATER TOT'S
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

NACHO'S OR BURRITO
SPANISH RICE, REFRIED BEANS
SANDWICHES
SALAD BAR
FRESH FRUIT
MILK

CORNDOG W/ CHIPS SANDWICHES SALAD BAR FRESH FRUIT MILK

MAC&CHESSE W/ DICED HAM
A ROLL
SANDWICHES
SALAD BAR

SANDWICHES SALAD BAR FRESH FRUIT MILK